



# MUST SEE GUIDE!

Western Psychology Association

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With the ongoing COVID-19 pandemic, the Board of the Western Psychology Association (WPA) voted to change the rescheduled 2020 to a virtual conference. To better accommodate the online format of the conference, we will be starting the conference one day early on **Wednesday, October 28, 2020** and concluding the conference around noon on **Saturday, October 31, 2020**.

This Must See guide will help you be connected virtually with live networking (chat) rooms and other special events including guest speakers to follow. We look forward to seeing you at the WPA convention!

Sincerely,

The WPA Student Council Executive Committee

# Welcome Message from WPA President

*Christina Maslach*

**"TO ALL WPA MEMBERS- THE  
WPA CENTENNIAL  
COMMITTEE AND I ARE SO  
EXCITED THAT OUR 100TH  
ANNIVERSARY WILL BE  
TAKING PLACE AT A NEW  
TIME (OCTOBER 28 -  
OCTOBER 31, AKA  
HALLOWEEN WEEKEND) -  
BUT NOW VIRTUAL. WE LOOK  
FORWARD TO EVERYONE  
COMING TO JOIN US!"**



# Student Council Executive Committee

## Advice for getting the most from the conference

Student Council Executive Committee Chair

**Allie Amirault**, Irvine Valley College

Student Council Convention Coordinator

**Nicole Benquechea**, California State University, Los Angeles

Student Council Communications Coordinator

**Mia Nguyen**, Dominican University of California

Student Council Elections Coordinator

**Katelyn Wiggins**, Western Nevada College

Student Council Advisor

**Dale Berger**, Claremont Graduate University

Email us at: [wpastudents@gmail.com](mailto:wpastudents@gmail.com)

Follow us on social media:

<https://twitter.com/PsychWestern>

<https://www.facebook.com/westernpsych.org>

<https://www.instagram.com/westernpsych/>



### 1. Familiarize Yourself with the Technology

Don't wait until the last minute to check that your computer is working. If you procrastinate, you could end up in a frustrating situation that causes you to miss some of the conference. In addition, check that your audio is functioning correctly, test your internet speed, and check out the features available on the conference platform.

### 2. Eliminate Distractions

Start by finding a quiet, comfortable space in which you can set up your computer. Tell anyone who might be tempted to call, text, or drop by that you're busy with a commitment that requires your full attention. Take advantage of scheduled breaks during the conference to use the bathroom, have lunch, etc.

### 3. Attend with colleagues

- Most virtual conferences encourage attendees to communicate through live chats, hashtags, and other tools. Sometimes, depending on the technology, you can even interact with the speaker by commenting or asking a question after the presentation.
- Another way to boost your social engagement during the conference is to attend "with" colleagues or coworkers. You could communicate with each other between sessions or perhaps schedule a Zoom or Skype meeting afterward to share key takeaways and discuss how the information you've learned might impact your own work.

**YOUR FOCUS AND ENGAGEMENT CAN HAVE A PROFOUND IMPACT ON YOUR OVERALL EXPERIENCE, SO KEEP OUR TIPS FOR ATTENDING VIRTUAL CONFERENCES IN MIND. GOOD LUCK!**

# WE PROUDLY ANNOUNCE THE 2020 KEYNOTE CONFERENCE SPEAKERS!

Presentations by Distinguished Speakers: Each year prominent psychologists are invited to present addresses at WPA (thus, this is sometimes called the "invited program"). This gives everyone an opportunity to hear first-hand the latest research findings and theoretical ideas from leading researchers in the country.

Al Bandura, Stacey Doan, Gregory J. Feist, Michael Frank, Laura Freberg, Howard Friedman, Regan Gurung, Gordon C. Nagayama Hall, Kevin Lanning, Elizabeth Loftus, Christina Maslach, Antonio (Tony) Puente, Heidi Riggio, David Schuster, Jason Siegel, Dean Simonton, George Slavich, Robert Sternberg, Stanley Sue, Allison Vaughn, Rachel Wu, and Philip G. Zimbardo.

**These excellent presenters are leaders in their fields and WPA.**





# PROGRAM OVERVIEW

## Live Session Hours



Attending the conference will occur daily during our "live" session hours:

- |                          |                  |
|--------------------------|------------------|
| • Wednesday, October 28. | 12:00pm - 4:00pm |
| • Thursday, October 29   | 9:00am - 4:30pm  |
| • Friday, October 30     | 9:00am - 5:00pm  |
| • Saturday, October 31   | 9:00am - 12:00pm |

**Before the conference begins, all registered attendees will receive a "how to" video that explains how to locate sessions.** For example, "Live Sessions" is located within a "Sessions" folder. Another option is to use a search panel to locate a desired category of presentations, such as "Distinguished Speakers."

# MUST SEE EVENTS

## ALL STUDENTS ARE INVITED!



# HACK THE CONVENTION

**10:15AM - 11:15 AM ON  
THURSDAY OCTOBER  
29, 2020**

**Terry Cronan (San Diego State University) and Alyson Burns-Glover (Pacific University Oregon), Co-presenters.** This is an especially important presentation for all students.



# STUDENT COUNCIL MEETING

**11:15AM -12:45PM ON  
THURSDAY OCTOBER 29,  
2020**

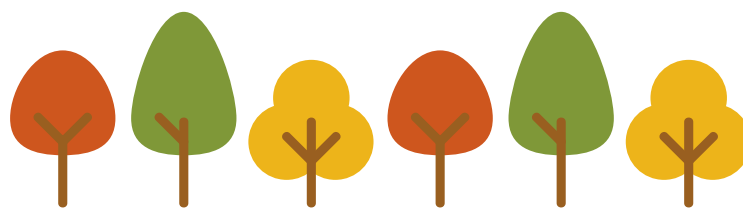
The Student Council meeting will follow the Hack the Convention presentation immediately. Come join the WPA Student Council at their annual meeting following this event. Copy the link and paste it into your browser and register here (First/Last Name and Email Address) for the Zoom link to attend:

<https://us02web.zoom.us/join/zoom-join?secret=7896543210>

# MUST SEE EVENTS AND DISTINGUISHED SPEAKERS

Wednesday October 28, 2020

- **12:00-1:00pm**: Presidential Opening Address, **Christina Maslach (University of California, Berkeley)**. Located in Live 1.
- **1:00pm**: Posters, symposia, and paper sessions begin
- **1:30 - 2:30pm**: **Robert J. Sternberg (Cornell University and Honorary Professor of Psychology at the University of Heidelberg, Germany)**.  
Time Bomb: How the Western Conception of Intelligence is Taking Down Humanity. Located in Live 1.
- **Statistics Workshops**
  - **2:00-4:00pm**: **W. Kyle Hamilton (University of California Merced)**.  
Conducting Meta-Analysis in Jamovi. Located On-Demand A
- **2:30 - 3:30pm**: **Dr. Stanley Doan (Claremont McKenna College)**.  
Health and Happiness: Lessons from Affective Science. Located in Live 2.





# MUST SEE EVENTS AND DISTINGUISHED SPEAKERS



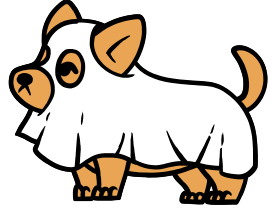
THURSDAY OCTOBER 29, 2020

- **9:00am:** Posters, symposia, and paper sessions begin
- **9:00-10:00am:** **Dan Stokols (University of California, Irvine).** Toward an Environmental Psychology of Planetary Recovery and Biospheric Survival. Located in Live 1.
- **9:30-10:30am:** **Regan A. R. Gurung (Oregon State University).** Seeing Through Clothes: Prejudice, Sexism, & Impression Formation. Located in Live 2.
- **9:45-10:45am:** Psi Chi Faculty Advisor Panel with **Martha S. Zlokovich.** Located On-Demand I
- **10:15-11:15am:** ***Hack the Convention.*** Terry Cronan (San Diego State University) and Alyson Burns-Glover (Pacific University Oregon), Co-presenters. ***Stay for the WPA Student Council meeting immediately following this presentation!***
- **11:00-12:00pm:** **David Schuster (San José State University).** How Psychology Can Solve our Toughest Technology Problems. Located in Live 2.
- **11:15-12:45pm:** ***Student Council Meeting.*** Allie Amirault (Irvine Valley College), Student Council Chair. All students are invited!
- **12:30-1:30pm:** **Jason T. Siegel (Claremont Graduate University).** Increasing the provision of support to people with depression: Influencing help-seeking, reducing stigma, and avoiding harm. Located in Live 2.
- **12:30-1:30pm:** **Garth A. Fowler (Associate Executive Director for Education at the American Psychological Association).** Planning Your Career Path in Psychology. Located in On-Demand B.
- **12:30-1:30pm:** **Jill A. Yamashita (California State University, Monterey Bay).** Psi Chi Spotlight on Learning and Memory. Located in On-Demand H.
- **1:00-2:00pm:** **Stanley Sue (Palo Alto University and University of California, Davis).** Ethnic and Racial Minority Issues: How Are We Faring? Located in Live 1.
- **Statistics Workshops**
  - **1:00- 3:00pm:** **Amanda K. Montoya (University of California, Los Angeles),** MEMORE: Mediation and Moderation in Repeated Measures Designs. Located On-Demand A.
- **1:30-3:00pm:** **Jill A. Yamashita (California State University, Monterey Bay).** Psi Chi Grad School Session. Located On-Demand I.
- **2:00-3:00pm:** **Dean Simonton (University of California, Davis).** WPA Presidents from Antiquity to the Present Day: Biographical, Historical, and Historiometric Moments. Located in Live 2.
- **3:00-4:30pm:** **Heidi R. Riggio (California State University, Los Angeles).** is hosting the STP Symposium: The Last Lecture. The presenters will be: **Stanley Sue (Palo Alto University & University of California, Davis).** Racism, Ethnicity, and Other Hot Topics for Teaching. **Robert Bjork (University of California, Los Angeles).** My Life as a Cognitive Scientist: What I Learned about Learning that You Need to Know. **Diane Halpern (Claremont McKenna College).** Looking at Psychology in the Rear View Mirror. Located in Live 1.



# MUST SEE EVENTS AND DISTINGUISHED SPEAKERS

Friday October 29, 2020



- **9:00am:** Posters, symposia, and paper sessions begin
- **9:00 - 9:45am:** **Martha Zimmermann (University of Nevada, Reno).** Public Attitudes and Beliefs about Mental Health: Stigma, and Mental Health Mental Health and Treatment Seeking. Located On-Demand F.
- **9:00-10:00am:** **Gregory Feist. (San Jose State University).** Creativity as the Drive for Meaning Making. Located in Live 1.
- **Statistics Workshops**
  - **9:00 - 11:00am:** **Michael C. Frank (Stanford University),** Reproducible paper writing with R Markdown. Located On-Demand A.
- **9:30-10:30am:** **Elizabeth Loftus (University of California, Irvine).** Fake Memories. Located in Live 2.
- **10:00-11:00am:** **Psi Chi Distinguished Lecturer: Ira Hyman (Western Washington University).** Located On- Demand E.
- **10:30-11:30am:** **Antonio E. Puente (University of North Carolina Wilmington).** G. STANLEY HALL LECTURE - Neuropsychology: The Origins and Future of Psychology. Located Live 1

# MUST SEE EVENTS AND DISTINGUISHED SPEAKERS

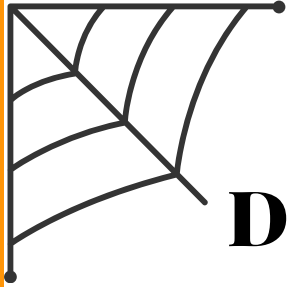


## Continued

Friday October 29, 2020



- **11:00 - 12:00 PM: Rachel Wu (University of California, Riverside).** Learning what to learn across the lifespan. Located in Live 1.
- **12:00 - 1:00 PM: Gordon C. Nagayama Hall (University of Oregon).** Why Do Mental Health Disparities Persist? The Personal Relevance of Psychotherapy. Located in Live 1.
- **12:30 - 1:30 PM: Garth Fowler (Office of Graduate and Postgraduate Education & Training, American Psychological Association).** Finding Fit: A Strategic Approach to Getting into Grad School. Located On-Demand G.
- **1:00 - 2:00 PM: Allison A. Vaughn (San Diego State University).** Studies of Stigma: Connecting the Past with the Present and Looking Ahead to Future Research. Located in Live 2.
- **1:00 - 2:30 PM: Council of Representatives Meeting. (By invitation only).** The chair of the Council is Ethan McMahan, the current Representative-at Large. All Council of Representative members are encouraged to attend to receive updates regarding WPA. Located On-Demand D.
- **1:00 - 2:30 PM: Psi Chi Chapter Exchange with Martha S. Zlokovich (Psi Chi, the International Honor Society in Psychology).** Located On-Demand K.
- **1:30 - 2:30 PM: Michael C. Frank (Stanford University).** APA Distinguished Scientist Lecture - Bigger Data about Smaller People: Studying Language Learning at Scale. Located in Live 1
- **2:30 - 3:30 PM: George M. Slavich (University of California, Los Angeles).** Cutting-Edge Biopsychosocial Perspectives on Stress, Depression, & Health: How the Past Affects the Future. Located in Live 2.
- **2:30 - 4:00 PM: Psi Beta and Psi Chi Networking with Helen Greenbergs (San Diego Mesa College).** Located On-Demand K.
- **3:00 - 4:00 PM: Laura Freberg (California Polytechnic State University, San Luis Obispo).** Harnessing the Curiosity Gap for Better Student Learning—Redux and Update. Located in Live 1.
- **3:15 - 4:00 PM: Alejandro Morales (California State Polytechnic University, Pomona).** Positive Experiences among Diverse College Students: Exemplars of Undergraduate Research. Located On-Demand C.



# MUST SEE EVENTS AND DISTINGUISHED SPEAKERS

Saturday October 31, 2020

- **9:00am**: Posters, symposia, and paper sessions begin
- **Statistics Workshops**
  - **9:00 AM - 11:00 AM**: **Kathleen J. Preston (California State University, Fullerton)**. Evaluating the Effectiveness of Each Response Option with the Nominal Response Model. Located On-Demand A.
- **11:00 AM - 12:00 PM**: **Philip G. Zimbardo & Albert Bandura (Stanford University)**, Enlisting the Power of Youth for Climate Change: Albert Bandura Q&A with Philip Zimbardo. Located in Live 1.
  - Closing of the Conference after a special talk with Dr. Zimbardo and Dr. Bandura
- Presidential Roundtables (come speak with a former WPA President in one of our virtual networking rooms)



# *Miscellaneous Convention Stuff*

FOR MORE DETAILS ON DISTINGUISHED  
SPEAKERS AND EVENTS, PLEASE REFER TO  
THE WPA NEWSLETTER AND SOCIAL MEDIA

[HTTPS://WWW.FACEBOOK.COM/WESTERNPSYCH.ORG](https://www.facebook.com/westernpsych.org)

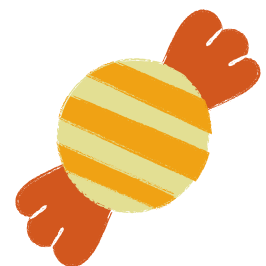
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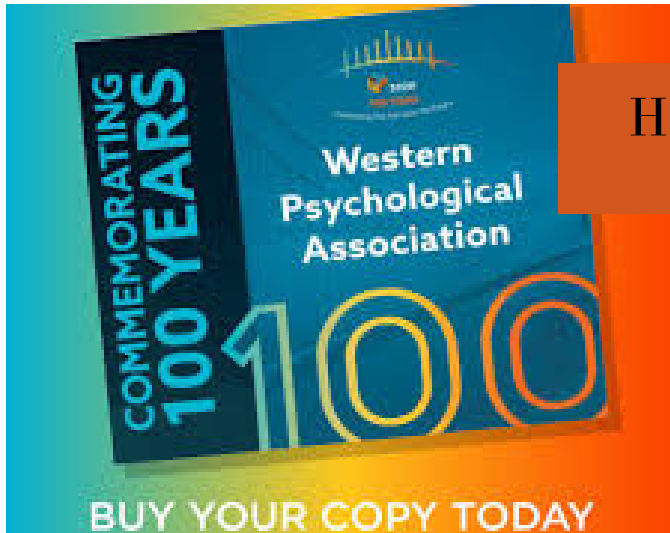
## **Online Resources for Professor and Students**

- **Merlot.com** helps prepare teachers and student for online learning. Endorsed by **Phil Zimbardo**.
- **Heroic Imagination TV on Youtube**
  - A collection of classic videos containing psychology content.
- **Teachpsych.org** (The Society for the Teaching of Psychology, APA Division 2). Numerous resources for those who teach psychology courses and a reasonable membership rate of \$25 per year.
- Sponsors programming at regional conferences and hosts the **Annual Conference on Teaching** which has become so popular that it sells out in advance of the conference.



# WPA COMMEMORATING 100 YEARS BOOK NOW AVAILABLE!

*To commemorate our 100th anniversary, WPA leadership created this beautiful chronicle of the history of the WPA.*



**HOLD HISTORY IN YOUR HANDS!**

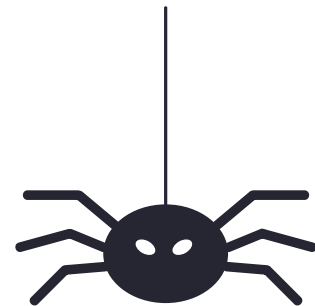
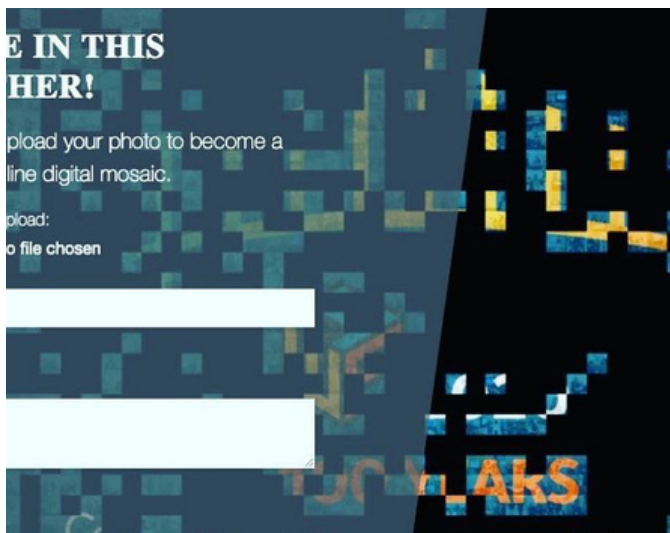


**DIGITAL MOSAIC - ADD YOUR PHOTO!**

We've created a dynamic digital photo mosaic comprised of pictures of attendees, sessions – and YOU.

Add your pictures to our digital mosaic and join the party!

<https://photomosaic.online/wpaupload/>



And, because Halloween is just around the corner, show us your masks (COVID or otherwise).